

# 7-Day ✨ Summer Declutter Challenge Checklist

\*Choose only 1 item to declutter each day. Spend no more than 30 minutes per item.

## Day 1: Foyer & Drop Zone (choose 1)

- Clear excess shoes
  - Toss/file old mail or papers
  - Add a basket/tray for keys, sunglasses, and essentials
  - Other:
- 

## Day 2: Quick Kitchen Refresh (choose 1)

- Toss expired pantry/fridge items
  - Wipe down shelves/drawers
  - Make most-used summer items accessible (blender, coffee gear)
  - Other:
- 

## Day 3: Summer Wardrobe Sweep (choose 1)

- Pull out summer clothes you wear often
  - Set aside clothes that are too warm or no longer fit
  - Pack or donate off-season items
  - Other:
- 

## Day 4: Living Room Reset & Declutter (choose 1)

- Remove excess decor or off-season throws
  - Clear one or two surfaces (coffee table, end table)
  - Fold throws, fluff pillows, corral remotes
  - Other:
- 

## Day 5: Craft Area or Kids' Zone (choose 1)

- Declutter 1 bin or small space
  - Donate unnecessary supplies or outgrown toys
  - Store or rotate unused items
  - Other:
- 

## Day 6: Bedroom Calm-Down (choose 1)

- Clear nightstand or clothing chair
  - Tidy a drawer or shelf
  - Lighten bedding for summer
  - Other:
- 

## Day 7: Digital or Paper Declutter (choose 1)

- Delete or archive old business emails
- Transfer phone photos/videos to external drive
- Unsubscribe from unwanted email lists
- Other: